

Holy Family Parish Como - Kensington

45 Thelma Street, Como 6152 Phone (08) 9450 5921 Website: www.holyfamilycomo.com

Weekend Masses Saturday 6.00pm, Sunday 8.30am & 10.00am **Weekday Masses:** Tuesday – Friday 9.00am

Reconciliation: Saturday 5.00pm - 5.30pm

Adoration: Thursdays 9.30am-10.30am



19TH SUNDAY IN ORDINARY TIME - YEAR A

SUNDAY, 9TH AUGUST 2026

ENTRANCE ANTIPHON

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

FIRST READING

Book of Kings 19:9.11-13

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, "Go out and stand on the mountain before the Lord." Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

RESPONSORIAL PSALM

R. Lord, show us your mercy and love, and grant us your salvation.

1. I will hear what the Lord God has to say, a voice that speaks of peace. His help is near for those who fear him and his glory will dwell in our land.
2. Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven.
3. The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps.

SECOND READING

Romans 9:1-5

What I want to say is no pretence; I say it in union with Christ - it is the truth - my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed!

GOSPEL ACCLAMATION

Alleluia, alleluia! I hope in the Lord, I trust in his word. Alleluia!

GOSPEL

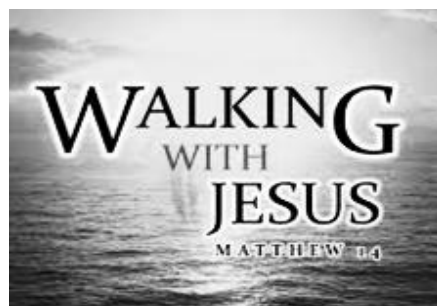
Matthew 14:22-33

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night, he went towards them, walking on the lake, and when the disciples saw him walking on the lake, they were terrified. 'It is a ghost' they said and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come', said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God'.

COMMUNION ANTIPHON

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

*Excerpts from the English translation
of the Roman Missal © 2010 ICEL.
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NEXT SUNDAY'S READINGS 20TH SUNDAY IN ORDINARY TIME - YEAR A

Isaiah 56:1. 6-7

Psalm: 66:2-3, 5-6, 8

Romans 11:13-15, 29-32

Matthew 15:21-28

PLEASE TAKE BULLETIN HOME TO READ

Parish Priest:	Fr Dat Vuong	dat.vuong@perthcatholic.org.au
Office Staff:	Joanne Zappia / Mareen Dias	como@perthcatholic.org.au
Pastoral Assistant:	Yunita Lay	pastoral.como@perthcatholic.org.au 0485 506 152
Safeguarding Officer:	Breda Pires	0422 237 261
	Peter Baker	0404 937 477
Office Hours:	Tuesday - Thursday	9.00am – 12.00pm

THE PARISH WEEK AHEAD

Monday 10th August

9.00am No Mass

Tuesday 11th August

9.00am Mass

Wednesday 12th August

9.00am Mass

Thursday 13th August

9.00am Mass

9.30am-10.30am Adoration

Friday 14th August

9.00am Mass

Saturday 15th August

9.00am Mass (The Assumption of the Blessed Virgin Mary) Holy Day

5.00-5.30pm Reconciliation

6.00pm Vigil Mass

Sunday 16th August

20TH SUNDAY IN ORDINARY TIME

8.30am Mass (Morning Tea)

10.00am Mass (Morning Tea)

UPCOMING SOLEMNITIES

The Assumption of the Blessed

Virgin Mary – Holy Day

Saturday 15th August

9.00am Mass

(The Assumption is a holy day of obligation, a day when Catholics have a duty to participate at the celebration of the Mass.)

HOLY FAMILY CARE

To be involved or seeking more information about this outreach ministry or know anymore who may need some care, please contact Rose on 0451 191 944 or the office staff.

WESTPAC ACCOUNT CLOSURE

The parish banking has been transferred to NAB. Please update your details below.

PARISH BANKING DETAILS

1st Collection Account

Bank: NAB BSB: 086-006

Account Number: 331 331 103

2nd Collection Account

Bank: NAB BSB: 086-006

Account Number: 839 893 940

For further information refer to the noticeboard in the church foyer.

(RCIA) FAITH JOURNEY

Thinking of Becoming Catholic?

Are you feeling called into a relationship with God? Are you searching for a faith community to call your own? Our Catholic community welcomes people of all ages and backgrounds to come and listen to the story of Jesus. For more information, please contact Geraldine Taylor on 0408 093 434

SATURDAY AFTERNOON TAI CHI:

Due to the strong interest in our Sunday morning Tai Chi program, we are pleased to launch a second Tai Chi class on Saturdays at 4 pm, commencing 15th August 2026.

This free class focuses on improving mobility, balance, and overall wellbeing, while also providing an opportunity for quiet reflection and fellowship.

Please add your name to the registration list in the foyer or contact the parish office no later than 10th August 2026. Places are limited, so early registration is encouraged.

Led by our own Kuatrinnus Jay Wijaya, this is a wonderful way to care for both body and spirit in a welcoming parish community. All are welcome. Come and move, renew, and grow in wellbeing together.

COUNTING MINISTRY VOLUNTEERS NEEDED

Our counting ministry is seeking volunteers who can spare a couple of hours every fortnight to join a second team of counters.

Volunteers are needed on Tuesday or Wednesday mornings after mass to count and bank the weekend cash collections. Full training will be provided.

If you are interested in serving in this important parish ministry, please contact Alan at

finance.como@perthcatholic.org.au

GLUTEN FREE HOSTS

If you would like to receive a gluten free host, please contact the office staff.

MASS INTENTIONS:

For all those who are mentioned in the "Names of the Book of the Dead"

THE POWER OF PRAYER LIST PLEASE KEEP THE FOLLOWING PEOPLE IN YOUR PRAYERS:

Norah Langshaw, Waminda Residents, Dragutin Markovic, Daisy Givens, Nadia O'Brien, Mary Hippolite, Reg & Joyce Groutsch, Ed Devereux, Heather Jordan, Ng Choon Bee, Ng Chai Hong, Caroline, Wayne, Ethan, Liam & Scarlett, Sonali, Sachini, Fe Fontanini, Michael, Nadia, Annie, Reg & May, Margaret & Arthur, Edith Johnson, Rhys, Brit, David, Anne Armstrong, Elaine Newman, Helen Peters, Canada family, Sarah, Molly, Fred, Patrick, Louise, Chris, Aria, David Rowe, Andrew Hammond, Aura Diego, Familia Becerra, Famia Cerinca, Annemarie, Jessie Amphlett, Barbara Kenny, Margaret Abbott, Serafini Family, Cain Family, Regina & Linda, Beverley Loraine, Fr Carroll, Maria O'Connor, Chris Lowry, Aldrin Ong, Adrian Ong, Troisi family, Jean, Antonette & George, Declan & Family, John Joyce, Richard Newman, Kelley H, Mark, Eduardo & Mario Gomez, Tom Core, Abin Davis, Aurelius Daniel, Anderson family, Vicki Sheppard, Cedric DeSouza, Lisa, Vincent Scanlan, Sanderson family, Anna Alfonso, Steve Ford, Samantha Wylie, Vanessa Moore, Troy Skopelitis, Eliora Wijaya, Sophie and James, Toczyłowski family, Jem, Carivan, Mary The, Marie and Shien Caguiat, Jasmin Cerillo, Michelle, Mason family, T Briggs, Liz Mulcahy, Lynne Klomp, Rena Widita, Stonowski family, Tan Ay Lian, Nancy Yeow, Pam O'Connell, Beatrice & Nora Johnson, Jono, Darren, Michael R, Mitch Leonardo, Maria Ho, Shauna Jem, April Latoja

PARISH SECURITY

Holy Family has installed CCTV security system to improve safety. Cameras cover the entry courtyard, foyer, church, and Thelma Street entry. Signage in place and recordings securely stored according to Archdiocese Safeguarding guidelines.



SAFEGUARDING COMMITMENT STATEMENT

The Catholic Archdiocese of Perth is committed to providing a safe and secure environment for all its members, leaders, and especially its children and adults at risk. The care, safety and welfare of children and adults is a collective responsibility, embedded in robust policies and practices of the Archdiocese which reflect its zero tolerance to abuse.

Today's Gospel narrates a particular prodigious deed of Jesus: He walks at night on the waters of the lake of Galilee toward his disciples who are crossing the lake in a boat. Why did Jesus do this? Maybe because of an urgent, unforeseeable need to help his disciples who were blocked by a headwind? No, because he himself had planned everything, He had made them depart that evening. The text even says he "made them". Maybe he did it to give them a demonstration of his greatness and power? But it is not that simple with him. So, why did he do it? Why did he want to walk on the waters?

There is a message that is not evident, a message we need to grasp. In fact, at that time, great expanses of water were held to be the haunts of evil powers that man was not able to master. Particularly when storms made them turbulent, these abysses were symbols of chaos and recalled the darkness of the underworld. Now, the disciples found themselves in the middle of the lake when it was dark. They are afraid of sinking, of being sucked in by evil. And here comes Jesus, walking on the waters, that is, over the powers of evil. He walks on top of the powers of evil and says to his disciples: "Take heart; it is I. Do not be afraid". This is the message Jesus gives us.

Today, Christ repeats to each of us, "Take heart; it is I. Do not be afraid!" Take heart because I am here, because you are no longer alone on the turbulent waters of life. And so, what should we do when we find ourselves on the open sea at the mercy of headwinds? What should we do when we face the fear of the open sea, when we see only darkness and we feel we are going under? We need to do two things that the disciples do in the Gospel. They call on and welcome Jesus. At the worst moments, in the darkest of storms, call on Jesus and welcome Jesus.

The disciples call on Jesus: Peter walks a little on the waters toward Jesus but then gets frightened. He sinks and then cries out: "Lord, save me!". Invoke Jesus, call on Jesus. This prayer is beautiful. It expresses the certainty that the Lord can save us, that he conquers our evil and our fears.

And then the disciples welcome Jesus into the boat. The text says that as soon as he got into the boat, "the wind ceased". The Lord knows that the boat of our life, as well as the boat of the Church, is threatened by headwinds, and that the sea on which we sail is often turbulent.

So, let us ask ourselves: How do I react when I am afraid? Do I go ahead alone, with my own strength, or do I call on the Lord with trust? Do I believe that Christ is stronger than the adversarial waves and winds? But above all: Am I sailing with him? Do I welcome him? Do I make room for him in the boat of my life – never alone, always with Jesus? Do I hand the helm over to Jesus?

Pope Francis 13.08.23, Angelus, Saint Peter's Square

WOMEN'S DISCERNMENT DAY – CALLED TO BE MORE? Women aged 17–35+ are warmly invited to a day of prayer, reflection and conversation exploring God's call in their lives. Join other young women for inspiring talks by Sr Margaret Scharf, Dr Pina Ford and Tara Peters, Mass, quiet reflection and the opportunity to ask questions in a welcoming environment.

Saturday 15 August, 9.30am – 4pm Trinity College, East Perth Free event with a registration. Register at: <https://www.trybooking.com/DNFMQ>

ANNUAL MARRIAGE DAY MASS

Couples celebrating a significant marriage milestone, and their families, are warmly invited to attend.

At St Mary's Cathedral on 29th August at 10.00am RSVP is essential

www.trybooking.com/events/landing/1593147

Register your significant anniversary (20, 25, 30, 40, 50+) to receive a certificate.

Registrations close Saturday 15 August.

The Mass will include a blessing for families, followed by light refreshments.

EMPLOYMENT OPPORTUNITIES - CATHOLIC ARCHDIOCESE OF PERTH

The Catholic Archdiocese of Perth has employment opportunities for suitably qualified persons to join its team and continue the good work of the Church. For details on how to apply online, please see the noticeboard in the foyer or visit the Archdiocese website www.perthcatholic.org.au/Employment.htm

WORLD YOUTH DAY 2027 SEOUL, SOUTH KOREA

Get ready for the adventure of a lifetime!

Join CYM as we journey to Seoul, South Korea for World Youth Day 2027 — a once in a lifetime opportunity to encounter faith, friendship, culture, and the global Church alongside millions of young people from around the world. Experience vibrant worship, inspiring speakers, unforgettable moments with pilgrims from every nation, and the excitement of discovering one of Asia's most dynamic cities. Whether you're seeking deeper purpose, lifelong friendships, or an unforgettable travel experience, WYD Seoul 2027 with CYM will be a life-changing pilgrimage you'll never forget. EXPRESSIONS OF INTEREST NOW OPEN

<https://forms.office.com/r/rygLHdBe5X>



Jesus Walks on the Water

During the fourth watch of the night Jesus went out to them, walking on the lake. Matthew 14:25 (NIV)

Based on Matthew 14:22-33 (NIV)



G E V E N I N G R P B C Y P O
S S C P Q N T S D U R O O A W
C I V D O U B T K O X A A M C
U D N W A L K I N G F F Y T E
O N E K G A X B Y A U Y S U O
S J D U K L A W C F Q N I T M
D L V H O Q L B O G A M Y P H
D Z O E I C O J U W Q N B L Z
D J Y F M M N O R V A J W N W
T K V W L I E A A D X T O Q A
I A W I N D M F G P V R E F V
F P S A V E U R E W S B A R E
V L A K E D Y A S P K Y Y S S
C Y O X H E Z I T U Z U A I K
R H A N D A N D Q Y N H W X H

EVENING
COURAGE
LAKE
PRAY

HAND
AFRAID
WALKING
COME

DOUBT
SAVE
BOAT
WATER

WAVES
SINK
WIND
ALONE

Time and time again, Jesus shows us that when our faith and belief in him are strong, then anything is possible, even walking on water!

LET US PRAY

Lord, give us the courage and faith of Peter, whose belief was so strong that he could walk towards Jesus across the lake.

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		SATURDAY 6.00PM	SUNDAY 8.30AM	SUNDAY 10.00AM
COMMENTATOR / READER				
8 th /9 th August	19 th Sunday in Ordinary Time	C. Carolyn Watson R. Amanda Johnson EMHC Helen Mason	C. Jacinta Vu R. Ralph Newton EMHC Murray Rosenberg	C. Henry De Silva R. Cecilia Bray EMHC Breda Pires
15 th /16 th August	20 th Sunday in Ordinary Time	C. Frank Giannini R. Carolyn Watson EMHC Jacques Farla	C. Alex Wu R. Lyn Hope-Hume EMHC Rose Hart	C. Marianne Taylor R. Pascale Tin EMHC Grace Toczykowski
ACOLYTES				
8 th / 9 th August	19 th Sunday in Ordinary Time	John Newman	Shajy Vadukoot	Tony Bray
15 th /16 th August	20 th Sunday in Ordinary Time	Dimitrio Sidi	Michael Taylor	Leo Burke

ENROLMENT
Apply for Kindy and other years. Book a visit!

ST COLUMBA'S PRIMARY SCHOOL

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