

# *Holy Family Parish Bulletin*

## *Como - Kensington*



**Parish Priest: Fr Dat Vuong - Email: [dat.vuong@perthcatholic.org.au](mailto:dat.vuong@perthcatholic.org.au)**

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Office Hours Tuesday - Friday 9.00am – 12noon - Website: [www.holyfamilycomo.com](http://www.holyfamilycomo.com)

Office Staff: Joanne Zappia and Mareen Dias

**Weekend Masses** Saturday 6.00pm, Sunday 8.30am & 10.00am **Weekday Masses:** Tuesday – Friday 9.00am

**Reconciliation: Saturday** 5.00pm - 5.30pm **Baptisms and Marriage:** Email: [holyfamilycomocatholic@gmail.com](mailto:holyfamilycomocatholic@gmail.com)

**Adoration:** Thursday 9.30am-10.30am **Safeguarding Officers:** Mark Ferroa 0425454763 & Breda Pires 0422237261

**Sacramental Program:** Mark Ferroa Email: [comocath.sacramental@ymail.com](mailto:comocath.sacramental@ymail.com) **Funerals:** Please call office or email

**1<sup>st</sup> Sunday in Lent - Year C**

**Sunday 9<sup>th</sup> March 2025**



## **The Liturgy of the Word**

### **ENTRANCE ANTIPHON**

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

### **FIRST READING**

*Deuteronomy 26:4-10*

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement: "My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

### **RESPONSORIAL PSALM**

R. Be with me, Lord, when I am in trouble.

### **SECOND READING**

*Romans 10:8-13*

On the positive side it says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, for everyone who calls on the name of the Lord will be saved.

### **GOSPEL ACCLAMATION**

Praise to you, Lord Jesus Christ, king of endless glory. No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you Lord Jesus Christ, king of endless glory

### **GOSPEL**

*Luke 4:1-13*

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, "If you are the Son of God, tell this stone to turn into a loaf". But Jesus replied, "Scripture says: Man does not live on bread alone". Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone'. Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says: He will put angels in charge of you to guard you,' and again, 'They will hold you up on their hands in case you hurt your foot against a stone'. But Jesus answered him, 'It has been said: You must not put the Lord your God to the test'. Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

### **COMMUNION ANTIPHON**

One does not live by bread alone, but by every word that comes forth from the mouth of God.

### **NEXT SUNDAY'S READINGS**

2<sup>nd</sup> Sunday of Lent

*Genesis 15:5-12, 17-18*

*Psalms 26:1, 7-9, 13-14*

*Philippians 3:17-4:1*

*Luke 9:28-36*

**PARISH DIARY**  
**10<sup>th</sup> – 16<sup>th</sup> March 2025**

**MONDAY 10<sup>th</sup> March**

No Mass

**TUESDAY 11<sup>th</sup> March**

9.00am Mass

**WEDNESDAY 12<sup>th</sup> March**

9.00am Mass

**THURSDAY 13<sup>th</sup> March**

9.00am Mass

9.30am – 10.30am Adoration

**FRIDAY 14<sup>th</sup> March**

9.00am Mass

7.00pm Stations of the Cross

**SATURDAY 15<sup>th</sup> March**

5.00-5.30pm Reconciliation

6.00pm Mass

**SUNDAY 16<sup>th</sup> March**

*2<sup>nd</sup> Sunday of Lent*

8.30am Mass (Morning Tea)

10.00am Mass (Morning Tea)

11.15am Baptism

**EASTER MASSES**

- \* **Stations of the Cross** – every Friday 7.00pm (During Lent)
- \* **2<sup>nd</sup> Rite of Reconciliation** – 2<sup>nd</sup> April – 7.00pm
- \* **Palm Sunday** – 12<sup>th</sup>/13<sup>th</sup> April
- \* **Holy Thursday** – 17<sup>th</sup> April - 7pm  
Followed by Adoration of the Blessed Sacrament until 9.30pm
- \* **Good Friday** – 18<sup>th</sup> April
  - Stations of the Cross 10.00am
  - Passion of the Lord 3.00pm
- \* **Easter Vigil** – 19<sup>th</sup> April 6pm
- \* **Easter Sunday** – 20<sup>th</sup> April  
8.30am / 10.00am

**Important Notice**

**NEW OFFICE HOURS**

Office hours will now be  
Tuesday to Friday 9am – 12noon  
(Friday will be volunteers only  
subject to availability.)

**TAP AND GO MACHINE**  
**1<sup>ST</sup> AND 2<sup>ND</sup> COLLECTION**

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you wish to offer OR insert cash into the  
2 cash chutes next to each machine.

**PLANNED GIVING CONTRIBUTIONS**  
**via DIRECT DEBIT**

1<sup>st</sup> collection (supports the Priest)

2<sup>nd</sup> collection (supports the parish)

**1<sup>ST</sup> Collection Account** BSB 086 006

A/C number 331331103

**2<sup>nd</sup> Collection Account** BSB 036 050

A/C number 790041

Reference: Your Initial and Surname.



**PROJECT  
COMPASSION**

**1<sup>st</sup> Sunday of Lent**  
**8<sup>th</sup> and 9<sup>th</sup> of March 2025**

Project Compassion 2025 shares three stories from around the world. We'll meet **Toefuata'iga** - (*Toy-foo-ah-tah-ing-ah*) from Samoa, **Lam** from Vietnam and **Irene** from the Democratic Republic of the Congo (DRC). Each of this year's stories reflects diverse challenges, yet they are united by the shared determination to overcome adversity and create better futures for themselves and their communities.



**Please donate today.**

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above. **Or online at:**

[caritas.org.au/project-compassion](https://caritas.org.au/project-compassion)

**Or by calling:** 1800 024 413

**FATHER DAT'S PILGRIMAGE BLOG**

While Father Dat is away, he will be sending through a blog on his pilgrimage journey which will be in the bulletin each week.

**Week two** – Traveling in a group of 8 pilgrims through narrow streets of Hanoi, Da Nang, Hue, and Hoi An, sums up the northern half of Vietnam. Highlights from pilgrims are the daily Morning and Evening Prayers in one of our pilgrim's room, a Mass in Vietnamese of a church in Hue, despite difference in a foreign language, the same liturgy allowed complete engagement with the whole Liturgy of singing and the homily. Most memorable among pilgrims was our private Ash Wednesday Mass at Our Lady of La Vang, a miraculous apparition dated back in the 1700s, still brings great peace and faith to the many who come and visit here. While standing underneath an old ruin bell tower to finish off the tour, the bell rang with melody, inspiring us all to pray the Angelus. Looking forward to Hoi An, and already some pilgrims are undergoing deep spiritual reawakening from within their hearts.

**EXPRESSION OF INTEREST**  
**HOLY "MEN'S SHED" MINISTRY**

This ministry is for anyone with skills in metal work, woodwork, audio visual, IT & to maintain sacred items in the church. If you are interested, please email Father Dat direct at:

[dat.vuong@perthcatholic.org.au](mailto:dat.vuong@perthcatholic.org.au)

**MASS INTENTIONS:**

All Holy Family Parishioners

*If you would like a mass offered, please pass your offering envelope to Father before mass on the day. Father will read out the names at the beginning of Mass.*

**THE POWER OF PRAYER**

Norah Langshaw, Waminda Residents, Stella & Family, Reamae David, Dragutin Markovic, Maureen Galligan, Daisy Givens, Nadia O'Brien, Mary & Ben Bianchini, Mary Hippolite, Reg & Joyce Groutsch, Ed Devereux, Heather Jordan, Serafini Family, Josie Staude, Ng Choon Bee, Ng Chai Hong, Paddy Embry, Caroline, Wayne, Ethan, Liam & Scarlett, Sonali, Sachini, Norman Bickley, Amondo Robels & Fe Fontanini, Eric, Kerry & John Hardwick, Jake Manricks, Michael, Nadia, Adrian, Annie, Reg & May, Margaret & Arthur, Margaret Harrington, Edith Johnson, Barry O'Malley, Rhys, Brit, David, Janelle, Molly, Marlene Bissett, Brian Schofield, Ross Moir, Chris Baker, Ann Salmon, Jeffrey Bonser, Natasha & Paul Sanderson, Lynn Errington, Susan Pyper, Elaine, Barbara, Julie & Ray, Betty Dundon, Declan & Family, Jessie Amphlett, Rita Anderson, Brendan, Joshua, Roy Camille, Antonette & George, Mark Lewis, Alyssa & Genaro, Yolanda, Sarah, Fred, Nubia, Aura, Diego, William and family, Nicola Synnott, Carmel Lee, Joanna, Sarina, Anne Armstrong, Elaine Newman, Helen Peters, Carmel, Osnain Family, Ambiga Selvendra, Veronica Fitzgerald, Nubia, Aura, William, Baby BB, Gladys, Gloria, Hector, Cristina, Myriam, Carlos, Flías, Almonte Family, Bernadette, Heather D, Emer Heery, Fred, Anita, Rosalie & Goldie, Gabrielle & Lilian Hayes, Fr Prabhu, Msgr Brian O'Loughlin, Ben, Monica Villaneuva, Kenny Michael Tan, Claire, Vivian Mendes

**SAFEGUARDING  
COMMITMENT STATEMENT**

Holy Family Parish Como is committed to providing a safe & secure environment for all its members, leaders, especially its children & vulnerable adults. The care, safety & welfare of children & vulnerable adults is a collective responsibility embedded in policies & practices of the Parish which reflect a commitment to a zero tolerance to abuse

11 of 12 Safeguarding Messages: Say NO to secrets. Never keep secrets that make you feel uncomfortable or unsafe. Secrets or threats about touching should NEVER be kept quiet. This message is placed at the request of the Safeguarding Office of the Perth Archdiocese.

The Gospel of the Liturgy today, takes us into the desert, where Jesus is led by the Holy Spirit, for forty days, to be tempted by the devil. Jesus too was tempted by the devil, and He accompanies us, every one of us, in our temptations. The desert symbolizes the fight against the seductions of evil. Indeed, Jesus lives the experience of the desert just before beginning his public mission. It is precisely through this spiritual combat that he decisively affirms what type of Messiah he intends to be. Not this type of Messiah, but that one: I would say that this is indeed the declaration of Jesus' messianic identity, the messianic way of Jesus. "I am the Messiah, but on this path". Twice the devil addresses him, saying: "If you are the Son of God..." He is thus proposing to him to exploit his position. First to satisfy the material needs he feels, hunger, then to increase his power, and, finally, to have a prodigious sign from God. Three temptations. It is as if he were saying, "If you are Son of God, take advantage of it!". But Jesus opposes the attractions of evil in a winning way. How does he do this? By responding to temptations with the Word of God, which says not to take advantage, not to use God, and things for oneself, not to take advantage of one's own position to obtain privileges. Because true happiness and freedom are not found in possessing, but in sharing; not in taking advantage, but in loving them; not in the obsession of power, but in the joy of service. These temptations also accompany us on the journey of life. We must be vigilant, do not be afraid, it happens to everyone, and be vigilant, because they often present themselves under an apparent form of good. In fact, the devil, who is cunning, always uses deception. He wanted Jesus to believe that his proposals were useful to prove that he was really the Son of God. And he does so with us too: he often arrives "with sweet eyes", "with an angelic face"; he even knows how to disguise himself with sacred, apparently religious motives! May this time of Lent be a time of the desert for us. Let us take time for silence and prayer, let us stop and look at what is stirring in our hearts, that which we know cannot be justified.

Pope Francis, Angelus, St Peter's Square 6.3.22

ST MARY'S CATHEDRAL TOUR GUIDES INFORMATION EVENT

THURSDAY 20 MARCH 2025, 10:30AM

On 20<sup>th</sup> March at 10:30AM, we are conducting a tour followed by light morning tea. The aim of the event is for people who are available during the week and would like to find out more of what is involved in the Tour guide Ministry. You will meet the other guides and perhaps decide to join us. Your commitment may be just one tour a month or so for an 1hr. Training and resources provided. For more information, please contact Carol Young (Tour Guide Co-ordinator) on 0417 097 455, or email her at [caroly7@bigpond.com](mailto:caroly7@bigpond.com)

NANO NAGLE CENTRE DAY OF REFLECTION

The Charism of the Nano Nagle Centre, day of Quiet Reflection, enabling and discovering personal insights into the Spirituality we carry within. Psalm 137: *Lord, on the day I called for your help you answered.* Psalm 26: *The Lord is my light and my salvation.* (2nd Sunday of Lent). **Friday 14 March, 10am to 12pm.** Cost \$15. Morning tea provided. Presenter, Sr Shelly Barlow. **Further info;** [catherinewarner29@gmail.com](mailto:catherinewarner29@gmail.com).

PARISH NEWS



THE YEAR OF JUBILEE 2025

The Jubilee 2024-2025 officially began with the opening of the Holy Door of St Peter's Basilica on Christmas Eve 2024. The theme is 'Pilgrims of Hope'. To fully engage in the spirit of the Jubilee, please follow the Vatican website at: <https://www.jubilaem2025.va/en.html> or visit the Centre for Liturgy website throughout the year at: <https://liturgy.perthcatholic.org.au/jubilee-year-2025/> For information on the Jubilee and what it means for Catholics please see the church noticeboard. There are also copies of the *Decree on the Granting of the Indulgence* for you to take home

KIDS' CORNER

The Temptation of Jesus

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. Luke 4:1-2a (NIV)  
The puzzle is based on Luke 4:1-13 (NIV).

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|---------|--------|----------|-----------|---------|
| SPIRIT  | DEVIL  | DAYS     | JORDAN    | STONE   |
| HOLY    | LIVE   | ANGELS   | AUTHORITY | WORSHIP |
| DESERT  | TEMPLE | COMMAND  | BREAD     | WORLD   |
| TEMPTED | FORTY  | KINGDOMS | JERUSALEM | HUNGRY  |



1st SUNDAY OF LENT – YEAR C

Today we are going to hear about how Jesus spent 40 days praying in the desert, to get closer to God, and to get ready for his ministry. At the end of this time he was very hungry. Let's think some more about this today.

LET US PRAY

God of life, your Son Jesus went out into the desert to spend time in prayer and be closer to you. Help us to draw closer to you this Lent, in our prayers and in our actions. Through Christ our Lord, Amen



## WEEKEND ROSTER

|   |                                | Saturday<br>6:00 pm                                      | Sunday<br>8:30 am  | Sunday<br>10:00 am                                      |
|---|--------------------------------|--|--|---|
| COMMENTATOR/READER                        |                                |  |  |   |
| 8 <sup>th</sup> / 9 <sup>th</sup> March   | 1 <sup>st</sup> Sunday of Lent | C. Michelle Teo<br>R. Carolyn Watson<br>EME Helen Mason  | C. Alex Wu<br>R. Susannah Robinson<br>EME Murray Rosenberg | C. Pascal Yip<br>R. Henry D'Silva<br>EME Carem Carrasco |
| 15 <sup>th</sup> / 16 <sup>th</sup> March | 2 <sup>nd</sup> Sunday of Lent | C. Frank Giannini<br>R. Frank Giannini<br>EME. Ann Quinn | C. Ralph Newton<br>R. Lynne Newton<br>EME. Jill Browne     | C. Tony Bray<br>R. Cecilia Bray<br>EME. Vicki Ha        |
| 22 <sup>nd</sup> /23 <sup>rd</sup> March  | 3 <sup>rd</sup> Sunday of Lent | C. Helen Mason<br>R. Dimitrio Sidi<br>EME Rose Hart      | C. Peter Messer<br>R. Tony Pires<br>EME Lyn Hope-Hume      | C. Jennifer Low<br>R. Fiona Wee<br>EME Pascale Tin      |
| ACOLYTES                                  |                                |  |  |   |
| 8 <sup>th</sup> / 9 <sup>th</sup> March   | 1 <sup>st</sup> Sunday of Lent | Dimitrio Sidi  | John Newman  | James Chong   |
| 15 <sup>th</sup> / 16 <sup>th</sup> March | 2 <sup>nd</sup> Sunday of Lent | Dimitrio Sidi  | Shajy Vadukoot   | Leo Burke   |
| 22 <sup>nd</sup> /23 <sup>rd</sup> March  | 3 <sup>rd</sup> Sunday of Lent | Hasan Sidi   | Michael Taylor   | Tony Bray   |
| ALTAR SERVER                              |                                |  |  |   |
| 8 <sup>th</sup> / 9 <sup>th</sup> March   | 1 <sup>st</sup> Sunday of Lent | Edith Johnson &<br>Gabriella Jakowetz                    | Lilyanna Bell &<br>Evelyn Newman                           | Sierra Ong<br>Dalena Tran                               |
| 15 <sup>th</sup> / 16 <sup>th</sup> March | 2 <sup>nd</sup> Sunday of Lent | Elizabeth Morris<br>Hugh Morris                          | Dominic Newman<br>Palak Vadukoot                           | Angel Siby<br>Martina Teran-<br>Carrasco                |
| 22 <sup>nd</sup> /23 <sup>rd</sup> March  | 3 <sup>rd</sup> Sunday of Lent | Nicholas Willey<br>Hayden Willey                         | Leo Newman<br>Patrick Newman                               | Samantha Teran-<br>Carrasco<br>Ethan George             |

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