

Holy Family Como Bulletin



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Office Hours Monday - Thursday 9am - 12pm - Website: www.holyfamilycomo.com

Weekend Masses Saturday 6pm, Sunday 8.30am & 10.00am

Weekday Masses: Tuesday, Wednesday & Thursday 9am, Friday 7pm,

Reconciliation: 5.30pm Saturday **Baptisms, Marriage & Funerals:** By appointment Only

Adoration: Thursday 9.30am-11.30am **Safeguarding Officers:** Mark Ferroa 0425454763 & Breda Pires 0422237261

15th Sunday in Ordinary Time – Year A

Sunday 16th July 2023

Help me, Lord, to discern the soil in which You want me to sow Your Word. Make me recognize You wherever You are, and in the humblest of my brothers and sisters. Help me to marvel whenever I watch Your works in miracles and in everyday deeds

The seed sown on rich soil

This Sunday's readings are about sowing seeds. The important thing to remember about seed sowing is that the effort is worthless if the seeds are not changed by being cast to the ground. Each seed must give up its former self, dying in the dirt while new life stirs within it. Only then can it send out a tender, first root, which will multiply and grow stronger and deeper to support upward growth. Even so, it has to be properly nourished to survive.



If all this takes place, the end result is a plant that looks nothing like the seed, which as it grows develops the ever-more important mission of benefitting the wider world of Nature beyond itself.

As we listen to Jesus explain the parable, we say yes, we want to be seeds that become fruitful lives. But desiring it does not automatically transform us. What is it that makes the soil of our lives rich and growth-producing?

The reading from Isaiah tells us that it is God himself who is the rich soil -- God and his Word. Saint Paul reminds us in the second reading that suffering is part of creation (seeds must fall in the dirt and die in order to produce a fruitful life). Redemption grows from suffering and death.

We will never feel truly fulfilled until we've surrendered to the soil and have allowed God to nourish our growth.

A Sower Went Out to Sow



packed soil



stony ground



thorny ground



good soil

Questions for Personal Reflection:

What tender, new roots do you have that are sprouting from times of suffering and loss? What blessings are springing up from them? What ministry (what benefit to others) could be a fruitful gift of these blessings?

Questions for Community Faith Sharing:

Share what it means to give up your former self to allow new life to stir and grow. What is the will of God (what does the Word say) regarding the end result? Give examples from your life or from the lives of others.

Covid Prayer

Lord Jesus when you walked with us on earth you spread your healing power. We entrust to you the families and communities affected by Coronavirus, wherever they may be. We pray especially for health care workers, that you may guide and protect them. We pray that your spirit might inspire those researching new medicines and treatments. Grant us the courage not to rush back to our old ways, but to rebuild our world together, creating foundations of justice, with equality and peace for all. And in the midst of this, keep us strong in faith, hope and love. We lift our prayer to you Lord, and trust in your infinite mercy, as we wait for the daybreak. Amen

HOLY FAMILY DIARY

17th – 23rd July 2023

Monday 17th July

No Mass

Tuesday 18th July

9.00am Mass

Wednesday 19th July

9.00am Mass

Thursday 20th July

9.00am Mass

9.30am Adoration

Friday 21st July

7.00pm Mass

Saturday 22nd July

6.00pm Mass

Sunday 23rd July

3rd World Day for Grandparents and the Elderly

16th Sunday in Ord

8.30am Mass

10.00am Mass



MORNING TEA IS ON TODAY

Please come along after 8.30am and 10am Mass to enjoy a cuppa and a chat with your fellow parishioners



MASS OFFERING

Mass Intentions – Jithu & Juna (10th Wedding Anniversary)

Souls of – John & Michael Watson, Rosamma Thomas

Wellbeing of – David Hwee, Rachel Tan, Gwenyth, Shanthi



“Although the life of a person is in a land full of thorns and weeds, there is always a space in which the good seed can grow. You have to trust God.”

Pope Francis



LAUDATO SI'

PLASTIC FREE JULY CAMPAIGN

This month is the global #PlasticFreeJuly campaign, with weekly challenges to ditch single-use plastics. As part of our commitment to the environment and waste reduction, we have prepared a calendar of concrete actions you can take to reduce your plastic consumption and help protect our planet.

- Week 1** – Use reusable bottles
- Week 2** – Swap plastic for cloth bags
- Week 3** – Reuse glass containers
- Week 4** – Recycle your household plastics creatively.

SAFEGUARDING COMMITMENT STATEMENT

Holy Family Parish Como is committed to providing a safe & secure environment for all its members, leaders, especially its children & vulnerable adults. The care, safety & welfare of children & vulnerable adults is a collective responsibility embedded in policies & practices of the Parish which reflect a commitment to a zero tolerance to abuse.

4 of 12 Safeguarding Messages: *No one can touch your private body parts or show you pictures of private body parts. Say no, then go and tell a trusted adult.*

This message is placed at the request of the Safeguarding Office of the Perth Archdiocese.

Next Weekend the Father's Day raffle tickets will go on sale so bring in your cash to win 1 of 4 hampers for Dad for Father's Day

Next Sunday, 23rd July is the third World Day for Grandparents and the Elderly This is meant to be a small but precious sign of hope for them and for the whole Church. Pope Francis renews his invitation to dioceses, parishes & communities, to celebrate this day & make it the occasion of a joyful and renewed encounter between young and old. Invite your grandparents or an elderly person you care for to come along Sunday for a special blessing.

REMEMBERING MARY MACKILLOP - MEMORIES, and MORNING TEA A time to gather and pray with St Mary of the Cross MacKillop, **Tuesday 8 August 10am, Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay.** Donation \$5.00. Please bring a plate of food to share. **RSVP by 1st Aug** Dianne Colborne rsj on 95273240 or safety.bay@sosj.org.au

Archdiocesan Marriage Mass, Saturday, August 19 @ 10am, St Mary's Cathedral.

All parishioners are warmly invited to attend this special Mass. A blessing will be bestowed on ALL married couples who attend. In addition, do you know a couple celebrating a milestone anniversary 10, 25, 30, 35, 40, 45 or 50+ years of marriage? The bishops would like to give these couples a special commemorative certificate as part of the celebration. Couples can register for a milestone anniversary certificate at <https://bit.ly/marriagemass2023>

DEFIBRILLATOR INSTALLED

Please be aware that our parish now has a defibrillator installed. It is in the foyer in a cabinet up on the wall, on the left side of the door entrance.



Children's Liturgy



Returns Sunday, 23rd July

Wedding Anniversaries July 2023

We congratulate the following parishioners celebrating their anniversaries this month:

Joan & Evans Barnabas,
Kiki & Nancy Susanto,
Peter & Heather Jordan,
Bernard & Joanne Sloan,
Christina & Hasan Sidi,
Lee & Katrina Bolden,
Anthony & Cheri-Rosalyn Tan,
Gerard & Yola Sierro,
Joe Powers & Kate Roff,
Colin & Therese Howarth

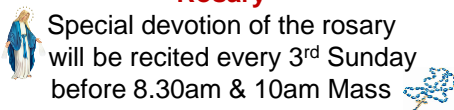
God bless you all on your special day



Adoration returns this Thursday 20th July 9.30am-11.30am

Rosary

Special devotion of the rosary will be recited every 3rd Sunday before 8.30am & 10am Mass



2023 SACRAMENTAL PROGRAM

The email address of the Sacramental Program coordinator is: comocath.sacramental@ymail.com

Coming up: First Eucharist Ceremony Sunday 13th August at 10am Mass

ARCHDIOCESAN NEWS

For more news about what's happening around the Archdiocese or Employment, please see the Notice board in the foyer

15TH SUNDAY IN ORDINARY TIME - YEAR A

ENTRANCE ANTIPHON

As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.

FIRST READING

Isaiah 55:10-11

Thus says the Lord: 'As the rain and the snow come down from the heavens and do not return without watering the earth, making it yield and giving growth to provide seed for the sower and bread for the eating, so the word that goes from my mouth does not return to me empty, without carrying out my will and succeeding in what it was sent to do.'

RESPONSORIAL PSALM

R. The seed that falls on good ground will yield a fruitful harvest.

SECOND READING

Romans 8:18-23

I think that what we suffer in this life can never be compared to the glory, as yet unrevealed, which is waiting for us. The whole creation is eagerly waiting for God to reveal his sons. It was not for any fault on the part of creation that it was made unable to attain its purpose, it was made so by God; but creation still retains the hope of being freed, like us, from its slavery to decadence, to enjoy the same freedom and glory as the children of God. From the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; and not only creation, but all of us who possess the first-fruits of the Spirit, we too groan inwardly as we wait for our bodies to be set free.

GOSPEL ACCLAMATION

Alleluia, alleluia! The seed is the word of God, Christ is the sower; all who come to him will live for ever. Alleluia!

GOSPEL

Matthew 13:1-23 (Shorter Form 13:1-9)

Jesus left the house and sat by the lakeside, but such crowds gathered round him that he got into a boat and sat there. The people all stood on the beach, and he told them many things in parables. He said, 'Imagine a sower going out to sow. As he sowed, some seeds fell on the edge of the path, and the birds came and ate them up. Others fell on patches of rock where they found little soil and sprang up straight away, because there was no depth of earth; but as soon as the sun came up they were scorched and, not having any roots, they withered away. Others fell among thorns, and the thorns grew up and choked them. Others fell on rich soil and produced their crop, some a hundredfold, some sixty, some thirty, Listen, anyone who has ears!'

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

Next Sunday's Readings
16th Sunday in Ord Time Yr A
 Wisdom 12:13, 16-19
 Psalm: 85:5-6, 9-10, 15-16
 Romans 8:26-27
 Matthew 13:24-43

MORE ARCHDIOCESAN NEWS

SCHOENSTATT RETREAT WEEKEND FOR YOUNG WOMEN – JOIN WYD LIVE IN PORTUGAL

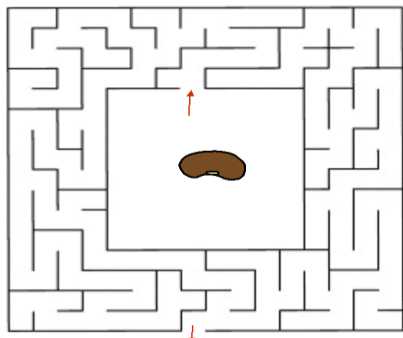
"Mary arose and went with haste" (Lk 1:39). Would you have loved to join WYD in Portugal celebrating with young people from all over the world? This is an opportunity for young women to learn about the WYD theme, join others in prayer and discussions about their faith, and connect LIVE with the Holy Father and WYD participants in Lisbon.

Friday 4 August 7pm to Sunday 6 August 4pm, Vincentian Retreat Centre, 625 Nettleton Rd, Karrakup. Cost, \$130 includes food and accommodation. **Further info contact** Sr M Luka Junemann, srmluka@schoenstatt.org.au

KIDS' CORNER

Sower and the Seed Maze

Help the seed find the healthy flowers.



A	E	S	D	R	I	B	R	F	S	LAKE	SIDE	CROWDS	SOWER
E	S	D	E	E	S	O	E	E	E	SEEDS	BIRDS	SOIL	
A	R	C	K	E	O	L	W	L	E	EARTH	SCORCHED	ROOTS	
S	A	S	O	S	L	I	O	A	S	WITHERED	THORNS	CROP	
R	E	D	H	R	T	I	S	K	E				
P	S	W	C	H	C	H	O	E	D				
R	O	O	E	S	T	H	K	S	S				
S	N	R	O	H	T	R	E	I	I				
E	E	C	C	T	R	E	A	D	B				
D	S	T	O	O	R	T	A	E	R				



Parable of the Sower

15TH SUNDAY IN ORD TIME
 Jesus often told stories called *parables* to help people understand something important. Today we hear the parable of the sower.

LET US PRAY

Jesus, help us to listen to and understand your message, so that our hearts and lives will be filled with God's love.

ROSTERS

		Saturday 6:00 pm	Sunday 8:30 am	Sunday 10:00 am
COMMENTATOR/READER				
15 th /16 th July	15 th Sunday in Ord	Amanda Johnson	Peter Messer	Pascal Yip
22 nd /23 rd July	16 th Sunday in Ord	Dimitrio Sidi	Lynne/Ralph Newton	Cyril D'Silva
ACOLYTE				
15 th /16 th July	15 th Sunday in Ord	Vince Scanlan	Bill Staude	James Chong
22 nd /23 rd July	16 th Sunday in Ord	Peter Quinn	Shajy Vadukoot	Leo Burke
ALTAR SERVER				
15 th /16 th July	15 th Sunday in Ord	Edith Johnston Elizabeth Morris	Leo Newman Palak Vadukoot	Mary-Jane Yip Saheli D'Silva
22 nd /23 rd July	16 th Sunday in Ord	Vasana Boonyothayan Nicolas Willey	Palak Vadukoot Dinuli Kariyakarawana	Ethan Tsia K Don Shenehan
CHOIR				
15 th /16 th July	15 th Sunday in Ord	Annalise (Pianist)	Holy Family Choir	Sanctus Choir
22 nd /23 rd July	16 th Sunday in Ord	Annalise (Pianist)	Holy Family Choir	D'Cantor Choir

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