

Holy Family Parish Como - Kensington

45 Thelma Street, Como 6152 Phone (08) 9450 5921 Website: www.holyfamilycomo.com

Weekend Masses Saturday 6.00pm, Sunday 8.30am & 10.00am **Weekday Masses:** Tuesday – Friday 9.00am

Reconciliation: Saturday 5.00pm - 5.30pm

Adoration: Thursdays 9.30am-10.30am



22ND SUNDAY IN ORDINARY TIME - YEAR A

SUNDAY, 30TH AUGUST 2026

ENTRANCE ANTIPHON

Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you.

FIRST READING

Jeremiah 20:7-9

You have seduced me, Lord, and I have let myself be seduced; you have overpowered me: you were the stronger. I am a daily laughing-stock, everybody's butt. Each time I speak the word, I have to howl and proclaim: 'Violence and ruin!' The word of the Lord has meant for me insult, derision, all day long. I used to say, 'I will not think about him, I will not speak in his name anymore.' Then there seemed to be a fire burning in my heart, imprisoned in my bones. The effort to restrain it wearied me, I could not bear it.

RESPONSORIAL PSALM

R. My soul is thirsting for you, O Lord my God.

1. O God, you are my God, for you I long; for you my soul is thirsting. My body pines for you like a dry weary land without water.
2. So I gaze on you in the sanctuary to see your strength and your glory. For your love is better than life, my lips will speak your praise.
3. So I will bless you all my life, in your name I will lift up my hands. My soul shall be filled as with a banquet, my mouth shall praise you with joy.
4. For you have been my help; in the shadow of your wings I rejoice. My soul clings to you; your right hand holds my fast.

SECOND READING

Romans 12:1-2

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

NEXT SUNDAY'S READINGS

23RD SUNDAY IN ORDINARY TIME - YEAR A

Ezekiel 33:7-9

Ps 95:1-2, 6-9

Romans 13:8-10

Matthew 18:15-20

GOSPEL ACCLAMATION

Alleluia, alleluia!

May the Father of our Lord Jesus Christ enlighten the eyes of our heart, that we might see how great is the hope to which we are called

Alleluia!

GOSPEL

Matthew 16:21-27

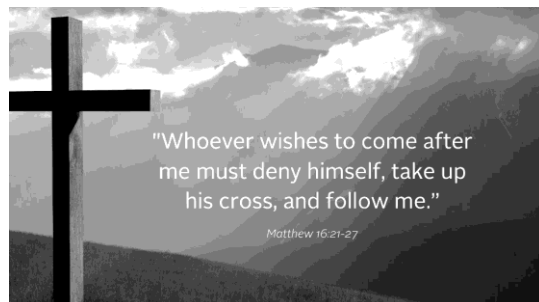
Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord' he said, 'this must not happen to you'. But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.' Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life?

'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.

COMMUNION ANTIPHON

How great is the goodness, Lord, that you keep for those who fear you.

*Excerpts from the English translation
of the Roman Missal © 2010 ICEL.
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PLEASE TAKE BULLETIN HOME TO READ

Parish Priest:	Fr Dat Vuong	dat.vuong@perthcatholic.org.au
Office Staff:	Joanne Zappia / Mareen Dias	como@perthcatholic.org.au
Pastoral Assistant:	Yunita Lay	pastoral.como@perthcatholic.org.au 0485 506 152
Safeguarding Officer:	Breda Pires	0422 237 261
	Peter Baker	0404 937 477
Office Hours:	Tuesday - Thursday	9.00am – 12.00pm

THE PARISH WEEK AHEAD

Monday 31st August

9.00am No Mass

Tuesday 1st September

9.00am Mass

Wednesday 2nd September

9.00am Mass

Thursday 3rd September

9.00am Mass

9.30am-10.30am Adoration

Friday 4th September

9.00am Mass

Saturday 5th September

4.45-5.45 Confirmation Lessons (m1)

5.00-5.30pm Reconciliation

6.00pm Vigil Mass

Sunday 6th September

23rd SUNDAY IN ORDINARY TIME

8.30am Mass (Morning Tea)

10.00am Mass (Morning Tea)



TODAY IS SOCIAL JUSTICE SUNDAY

2026 Social Justice Statement

The Cost of Our Living: Economic and Social Justice for the Common Good

"These are not just economic statistics – they are human stories of struggle and resilience... This statement is an invitation to listen and to act."

Here are a couple of suggestions for taking action to address the cost of living crisis:

- Take notice of people around you who may be showing signs of struggling with the cost of living.
- Offer practical help to those who are struggling to make ends meet.
- Donate money and goods to organisations providing support to people affected by the crisis.

Click below or visit the website to see the full statement:

www.socialjustice.catholic.org.au/wp-content/uploads/2026/01/SocialJusticeStatementFEB2026FINAL.pdf

HOLY FAMILY CARE

To be involved or seeking more information about this outreach ministry or know anyone who may need some care, please contact Rose on 0451 191 944 or the office staff.

BULLETIN ITEMS

If you would like an item placed in the weekend bulletin, please send to the office a week before or no later than the Tuesday before the weekend you wish it to appear. Please email the office staff.

WESTPAC ACCOUNT CLOSURE

The parish banking has been transferred to NAB. Please update your details below.

PARISH BANKING DETAILS

1st Collection Account

Bank: NAB BSB: 086-006

Account Number: 331 331 103

2nd Collection Account

Bank: NAB BSB: 086-006

Account Number: 839 893 940

For further information refer to the noticeboard in the church foyer.



SEASON OF CREATION

LIVING WATER Immersion in Living Water

Ezekiel 47:9, 12

SEASON OF CREATION:

Welcome to the Season of Creation which begins on September 1st. Would you be interested in joining a group for a reflective walk nature? What about creating a friendly space for our native birds? How can we pray in a new way during this season? Further information will be on the noticeboard.

COUNTING MINISTRY VOLUNTEERS NEEDED

Our counting ministry is seeking volunteers who can spare an hour every fortnight to join a team of counters. Volunteers are needed on Tuesday or Wednesday mornings after mass to count and bank the weekend cash collections. Full training will be provided. If you are interested in serving in this important parish ministry, please contact Alan at finance.como@perthcatholic.org.au

MASS INTENTIONS:

For all those who are mentioned in the "Names of the Book of the Dead"

THE POWER OF PRAYER LIST PLEASE KEEP THE FOLLOWING PEOPLE IN YOUR PRAYERS:

Norah Langshaw, Waminda Residents, Dragutin Markovic, Daisy Givens, Nadia O'Brien, Mary Hippolite, Reg & Joyce Groutsch, Ed Devereux, Heather Jordan, Ng Choon Bee, Ng Chai Hong, Caroline, Wayne, Ethan, Liam & Scarlett, Sonali, Sachini, Fe Fontanini, Michael, Nadia, Annie, Reg & May, Margaret & Arthur, Edith Johnson, Rhys, Brit, David, Anne Armstrong, Elaine Newman, Helen Peters, Canada family, Sarah, Molly, Fred, Patrick, Louise, Chris, Aria, David Rowe, Familia Becerra, Famia Cerinca, Annemarie, Jessie Amphlett, Barbara Kenny, Margaret Abbott, Serafini Family, Cain Family, Regina & Linda, Beverley Loraine, Fr Carroll, Maria O'Connor, Chris Lowry, Aldrin Ong, Adrian Ong, Troisi family, Jean, Antonette & George, Declan & Family, John Joyce, Richard Newman, Kelley H, Mark, Eduardo & Mario Gomez, Anderson family, Vincent Scanlan, Sanderson family, Anna Alfonso, Samantha Wylie, Troy Skopelitis, Eliora Wijaya, Sophie and James, Toczykowski family, Lynne Klomp, Rena Widita, Stonowski family, Tan Ay Lian, Nancy Yeow, Pam O'Connell, Beatrice & Nora Johnson, Jono, Darren, Michael R, Mitch Leonardo, Maria Ho, Shauna Jem, April Latoja, David Ford, Erica DeSouza, Darryn, Sean Crosby, Yik Hu Wei (John), Birgita Lontoh, Jason Hiew, James, Christopher, Katherine, Erica Fonseca, Valerie, Bony Limas, Sarah, James, Heather

GLUTEN FREE HOSTS

If you would like to receive a gluten free host, please contact the office staff.

(RCIA) FAITH JOURNEY

Thinking of Becoming Catholic? Our Catholic community welcomes people of all ages and backgrounds to come and listen to the story of Jesus. For more information, contact Geraldine Taylor on 0408 093 434

SAFEGUARDING COMMITMENT STATEMENT

The Catholic Archdiocese of Perth is committed to providing a safe and secure environment for all its members, leaders, and especially its children and adults at risk. The care, safety and welfare of children and adults is a collective responsibility, embedded in robust policies and practices of the Archdiocese which reflect its zero tolerance to abuse.

Jesus reveals a path shaped not by power or security, but by self-giving and trust. To follow him is to let go of what is held tightly, and to discover life through what is given for others.

Social Justice Sunday calls us to recognise that faith is not separate from the realities of the world but deeply engaged with them. It is lived not only in belief, but in how we respond to injustice, how we carry responsibility, and how we choose to act for the good of others.

The readings speak honestly into this space. Jeremiah gives voice to the cost of living truthfully. The call of God is not easy to carry. It unsettles, exposes, and places him in tension with those around him.

The psalm draws us into a deeper grounding. Beneath the struggle is a longing for God, a thirst that cannot be satisfied by anything else. It is this relationship that sustains and holds us. Without it, the work of justice becomes heavy and exhausting. With it, there is a source of strength that endures, even in dry and difficult places.

Paul shifts the focus to transformation. Faith is not lived by simply following what surrounds us. It requires a change of mind and heart, a new way of seeing. Social justice flows from this transformation.

In the Gospel Jesus speaks of a path that is not aligned with human expectations. It is not about securing life, but about giving it. Peter resists this, wanting to protect and preserve what seems right. Yet Jesus reveals that this way of thinking, though understandable, is limited.

The invitation that follows is clear and challenging: to take up the cross and follow. This is not a call to seek suffering, but to accept that living truthfully and justly has a cost. To stand for dignity, to act with integrity, to place others before self, these are not always easy choices. There is a deep paradox here, to hold onto life tightly is to lose it. To give it freely is to find it, this speaks directly into the work of justice. When we act only for ourselves, life becomes smaller. When we act for others, especially those most in need, something opens, not only in the world, but within us. Social justice, then, is not an optional extra to faith. It is an expression of it. It flows from recognising who Christ is and allowing that recognition to shape how we live. The readings invite us to notice where we resist this call.

Where do we turn away from what is difficult? Where do we hold too tightly to what is safe? And where might we be invited to step forward, even in uncertainty? This is not something we do alone. Yet we are held within something deeper, a relationship with God that sustains and transforms. We are invited, again, to live with openness and courage. To allow our faith to move beyond words into action, and to trust that in giving of ourselves, we do not lose life but discover it more fully.

(Part) Reflection by Rose McAllister
ResearchOnline@ND Pastoral Liturgy
Volume 56 Issue 3 Article 19

CYM PERFORMING ARTS MINISTRY

Got a talent for music, singing, drama or just happy to get involved? Put your faith into action and use your gifts and talents for a greater cause. Whether you sing, play an instrument, run sound or do media, this space is for you. Open to young adults 18+ years.

Every Monday, 7.00pm to 9.00pm, Catholic Pastoral Centre, 40a Mary Street, Highgate (entry via Harold St).

6-DAY SILENT RETREAT – 2ND to 9TH OCTOBER GOD COMES DISGUISED AS...

During this six-day guided, silent retreat, you will have the opportunity to reflect on the various phases of your life, noting the blessings that have come your way as you journeyed through the hills and valleys as well as the twists and turns of life, drawing you into a deeper 'heart knowing' and relationship with God who companioned you throughout your life.

Facilitator: Maureen McDermott rsj

Venue: Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay **Enquiries** Dianne Colborne rsj

Ph: 9527 3240 **E:** safetybay@mmsm.org.au

Cost: \$1650 incl GST

Retreat begins with an evening meal at 6pm on Friday 2 October and concludes after breakfast on Friday 9 October. Applications close: 4 September 2026

EMPLOYMENT OPPORTUNITIES - CATHOLIC ARCHDIOCESE OF PERTH

The Catholic Archdiocese of Perth has employment opportunities for suitably qualified persons to join its team and continue the good work of the Church. For details on how to apply online, please see the noticeboard in the foyer or visit the Archdiocese website www.perthcatholic.org.au/Employment.htm

WORLD YOUTH DAY 2027 SEOUL SOUTH KOREA Get ready for the adventure of a lifetime!

Join CYM as we journey to Seoul, South Korea for World Youth Day 2027 — a once in a lifetime opportunity to encounter faith, friendship, culture, and the global Church alongside millions of young people from around the world. Experience vibrant worship, inspiring speakers, unforgettable moments with pilgrims from every nation, and the excitement of discovering one of Asia's most dynamic cities.

Whether you're seeking deeper purpose, lifelong friendships, or an unforgettable travel experience, WYD Seoul 2027 with CYM will be a life-changing pilgrimage you'll never forget. EXPRESSIONS OF INTEREST NOW OPEN

<https://forms.office.com/r/rygLHdBe5X>



CHILDREN'S CORNER

Take Up Your Cross

Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me. Matthew 16:24 (NIV)

Based on Matthew 16:22-28 (NIV)



I Will Follow Jesus, Our Leader



No one likes to do something difficult when there is an easier way! Sometimes it is hard to do what we know is right, but today Jesus tells us that we should not try to take the easy way out but follow his way.

LET US PRAY

Lord, we pray for people who are suffering difficulties; the homeless and unemployed; the sick and the lonely; the hungry and the poor. Share your courage and strength with them and surround them with your love.

X	M	V	Q	X	O	V	J	W	J	O	U	Z	E	X
Q	Z	P	E	P	F	Y	A	B	W	M	P	R	X	W
E	F	V	A	L	F	O	R	N	E	I	T	O	I	J
T	A	F	E	C	F	I	N	B	I	W	L	M	W	V
S	R	S	U	E	L	F	Q	M	Z	D	L	M	W	V
Q	I	P	E	C	X	G	S	I	V	D	S	T	R	P
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G	E	Q	N	O	Z	V	S	A	F	A	O	S	L	Z
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N	I	Y	O	O	S	U	Q	C	G	B	Q	Y	L	L
D	H	T	P	D	T	V	E	P	J	M	U	H	Z	Y

GIVE	EXCHANGE	GOOD	WHOLE
FIND	SAVE	CROSS	GAIN
SELF	SOUL	FOLLOW	LOSE
DENY	WORLD	FORFEIT	LIFE

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		SATURDAY 6.00PM	SUNDAY 8.30AM	SUNDAY 10.00AM
COMMENTATOR / READER				
29 th /30 th August	22 nd Sunday in Ordinary Time	C. Dimitrio Sidi R. Helen Mason EMHC Christina Sidi	C. Peter Messer R. Susannah Robinson EMHC Jill Browne	C. Cecilia Yap R. Michael Danager EMHC Patricia Crowley
5 th / 6 th September	23 rd Sunday in Ordinary Time	C. Imelda Loviyanti R. Amanda Johnson EMHC Jacques Farla	C. Jill Browne R. Jill Browne EMHC Geraldine Taylor	C. Cecilia Yap R. Michael Danager EMHC Pascale Tin
ACOLYTES				
29 th /30 th August	22 nd Sunday in Ordinary Time	Hasan Sidi	John Newman	Leo Burke
5 th / 6 th September	23 rd Sunday in Ordinary Time	John Newman	Shajy Vadukoot	James Chong

ENROLMENT
Apply for Kindy and other years. Book a visit!

ST COLUMBA'S PRIMARY SCHOOL

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